

St. RITA HIGH SCHOOL
(Affiliated to CBSE No. 3630353)

Curriculum Framework and Pedagogical Plan PP1
Academic year 2023-2024



PHILOSOPHY:

In kindergarten to foster a love for learning at early age. Each child is known truly for his/her unique qualities, interest and feelings. Our experience and dedicated teachers recognize each child developmental need, read upon their strength to foster academic, social and emotional growth. Every moment is considered as a teaching movement.

CURRICULUM:

Curriculum advances the student skills in areas of pre-reading, math, fine motor and social skills. With devoted time to environment, Hindi, arts, physical and character education to nurture the whole child.

GOAL:

- **Support and develop creative thinking and problem-solving skills.**
- **Develop and enhance learning and strategic skills.**
- **Develop appropriate socialization and self-help skills.**
- **Develop math and readiness skills.**

APPROACH:

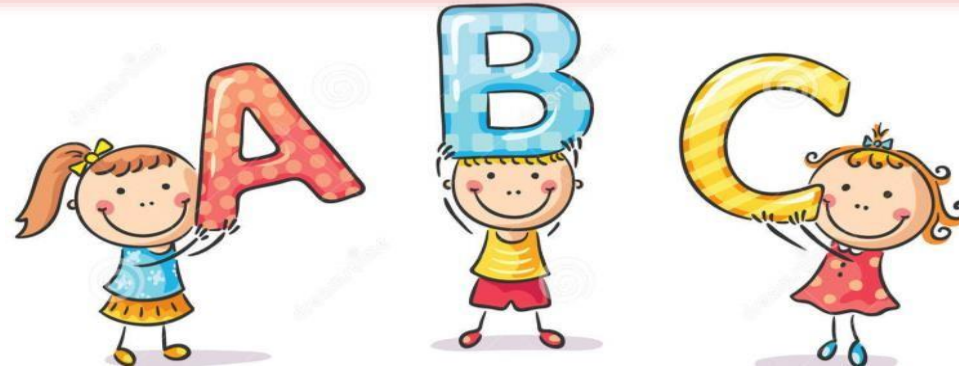
Nurture and teach the whole child, read strong class room community, parent- teacher and family. Ultimately, we hope with the partnership of our family, to create the education phase for our children to thrive and be joyful, in our changing world.

MISSION:

It is our mission to provide education that honours every child's enthusiasm for initiated creativity and social responsibility.

LANGUAGE:

English:



Developing a love for the world of reading is our top academic priority. Students gain four literacy skills by learning upper and lower case letters, letter sound and word recognition. Language skills develop students practice writing on their own. Daily story time, rhymes and weekly library time enables students to develop an appreciation for language.

Mathematics:



Students explore math concept of counting, number recognition, sequencing, estimating and size with the use of hands on manipulating materials. This learning is to reinforce with written practice and whole group daily activities such as calendar, time etc.

Environmental Studies:



Students learn to experiment using their five senses to experience science all around them. They explore the life cycle of plants and schematic unit such as community helpers, seasons, animals, environment and make connection to real life experiences.

Art & Craft:



Imagination to be marked where students use media that include colouring, drawing, painting, clay modelling, printing activities and make a brush painting.

Music:



Students are introduced to basic music concepts through singing, playing instruments, moving to music and listening to different performers.

Physical Education & Outdoor activities:



Students explore a wide variety of concepts related to movements including spatial awareness, location, direction, level, pathways, force and actions. Play time is carefree with ample space to run and climb on the nature inspired playground.

Character Education:



In our school assembly, group activities at one-on-one movement teach teachers and friends. Positive character traits like respect, honesty, effort, perseverance and kindness are discussed and set as a standard expectation.

Free play & Celebrations:



Free play gives students an activity to choose an activity building, friendship and develop new talents. During the year, each child is given a chance to participate and perform during the celebrations and cultural days.

Cognitive Development

Concentration (objectives):

- To increase attention span, to be able to observe properly.
- To focus on the task till completion.

Activity:

- Motor skills like plucking, feeling, painting, colouring, silent activity, meditation and physical activities.



Silent activity (objectives):

- To enhance retaining power.
- To develop the ability of group concepts.
- To develop the ability to use the terms precisely.

Activity:

- Teaching activities and sensorial activities recitation, storytelling, puzzles, number games.

Thinking skills –Reasoning and logical (objectives):

- To develop the ability to compare things in terms of physical appearance.

- To develop the analytical approach.

Activity:

- Arranging in a sequential order, pattern and sequence, pairing maze, various automotive exercise.

Scientific temperament (objectives):

- To develop awareness about physical properties of matter.
- To develop scientific instance.
- To apply science in all aspects of daily life.



Activity:

- Demonstration of various experiments like water is colourless, odourless and shapeless. Sink and floating activity, awareness about temperature, germination, presence of air, mixing of primary colours to get secondary colours, comparison between two objects heavy-light, small-big.

Numerical abilities (objectives):

- To develop pre number concepts-shapes, colour, size.
- To be able to sort out the objects, number concept, number names, concept of place value - ones and tens, quantity, symbols, before, after and in between number.

Activity:

- Charts, flash cards, models, colouring shapes, building blocks, flash cards, sorting activity with grams, hopscotch, number rods, beads and counting of numbers in a line.

Comprehension/Application (objectives):

- To understand the concept and apply the learning of the given task.
- To be able to connect the knowledge with day to day life application and its effectiveness.
- To express the sequential order.
- To use effective strategy.
- To solve the problem.

Activity:

Brain storming activities.

Language Development

Listening (objectives):

- To develop listening ability.
- To be a patient listener.
- To develop awareness.



- To follow instructions, listen and respond.
- To develop and enhance vocabulary.
- To develop curiosity.
- To develop receptive and expressive language.
- Demonstrate understanding and awareness about the sounds in the world.

Activity:

- Through instructional activities ex: Simon says, rhymes, picture reading and flash cards.
- Through picture stories, models and flash cards.
- Through silent activities – role play, dramatic, show and tell.
- Through conversation, group discussions, puppet show, audio visuals.

Recognition (objectives):

- Picture recognition, phonological awareness through songs and actions.
- To develop and understand the written symbols.
- To know letters, understand sounds , symbols and their association.
- Recognise phonic sounds in words and various words of spoken language.

Activity:

- Letter tracing activity, flash cards, sounds recognition activity.
- Picture reading cards.
- Rhymes.
- Phonic sounds and stories.



Speaking (objectives):

- To develop pronunciation and communication skills.
- To understand content, structure of the word, sentence and interpretation of the face (awareness of the relationship of letters to words, words to sentences)
- Develop confidence in speaking skills particularly in group discussions, share information and ideas.

Activity:

- Recitation, story narration.
- Plan conversation.
- Show and tell discussions of various topics like birthday, zoo, my family, my-self, speaking simple words in small sentences.

Reading (objectives):

- Able to do pictorial reading, recognise the letters and set a sequence to read it, spell words on the basis of sound. Recognise basic sight words in sets. Develop recognition of words with its meaning and make a proper use to frame meaningful sentences.
- Vocabulary and pronunciation enhancement
- Clarity in expressions while reading.
- Develop recollection and communication skills.
- To be able to develop comprehension skills.



Activity:

- Names list, moveable alphabet, story chart, picture reading, content reading.

- **Sorting of vowel, consonants and words.**
- **Alternative vowels sound.**
- **Sorting of pictures with different blends and rhyming words.**
- **Picture reading with name slip, framing small words and sentences, short phonic stories.**

Writing (objectives):

- **Pencil holding movement.**
- **Develop pre writing skills**
- **Give knowledge of writing letters, letter formation and sequence.**
- **Learns to recognise, identify comprehend and write letter, word, and sentences so as to give graphical expression.**
- **To develop connection text to text and text to self.**

Activity:

- **Colouring, letter tracing, pattern writing, pictorial writing, dictation, worksheets, picture composition and free expression activity.**



Personal Development

Responsibility:

Self Think

Others environment (objectives):

- Develops a personal care and routine hygiene habit.
- Participating in clean up activity.
- Handle personal as well as others property independently.
- To develop acquaintance with surrounding and cleanliness.
- Develop respect for all culture.

Activity:

- Washing hands, brushing teeth combing hair, dress and undress.
- Creating awareness about wearing clean clothes, nails trimming and other hygiene habits.
- How to yawn, sneeze and cough.
- Arranging the school bag, how to remove and keep books properly.
- Table manners, how to hold and lift things and put down things.



- How to hold pointed objects ex: scissors, knife.
- How to button, hook with zip, belt buckle and shoe buckle.
- Pouring out grains.
- How to fold and unfold a napkin.
- Celebrating festivals like Holi without using colours.
- Save water.

Confidence (Interaction, Communication and listening) objectives:

- Enhance concentration, taking initiative in classroom tasks, help child to develop in becoming independent.

Activity:

- How to talk in school and society.

Performance (Expression of feelings and emotions) objectives:

- Develop confidence while interacting with others.

Activity:

- Who am I?
- Self-introduction like, dislikes, favourites.
- Events like recitation, role play and storytelling.

Initiative (objectives):

- Develop ability to appropriately express ideas, wants and needs to adults and peers.

Activity:

Indoor and outdoor games, listen and follow instructions.

Respect (objectives):

- To develop importance of three magic words (Sorry, Please, Thank you)
- To develop the understanding of what is correct/incorrect and why.
- To inculcate the habits of helping others and working cooperatively in group and peers.
- Develop love and respect in groups and peers.

Activity:

- How to greet and show gratitude.
- To inculcate moral values with group counselling.
- Awareness of national and religious festivals celebrations. Demonstration of family, school and hospital etc.
- Sharing in class party.
- Awareness regarding traffic rules and signals.



Sensory Motor Development



Fine motor movement (objectives):

- Develop an eye hand coordination and wrist agile movement.

Activity:

- Colouring, drawing, tearing of paper, paper crumpling, peeling of the wrapper, plucking of coriander leaves.

Gross motor movement (objectives):

- To develop large muscles, enhance stamina and balance body movement.

Activity:

- Clay moulding, sandal wood, running, hopping, jumping, throwing, catching etc.

Sensory Exploration (objectives):

- Enhancement of senses.

Activity:

- Pouring activity, hopping, smell bottle, paste activity, noise activity.

Discipline (objectives):

- Follow instruction self-motivation, self-control.

Activity:

- How to sit and stand
- Exercises
- Silent activity
- Circle time
- Scribbling



Visual Arts

Imagination (objectives):

- To develop and enhance attention span.
- To develop and enhance thinking ability and visual sense.

Activity:

- Free hand drawing and colouring, scribbling, packing activities.

Creating and exploration (objectives):

- To refine motor skills.
- Develop artistic ability.



- To develop their creativity through exploration and discovery.

Activity:

- Colouring and drawing, printing vegetable, food, clay modelling, origami, card making etc.

Self-expression (objectives):

- Develops self-confidence, enrich vocabulary and thinking skills.

Activity:

- Sandwich activity.

Performing Arts

Imagination (objectives):

- To develop and enhance attention span.
- To develop and enhance visualising self and others.

Activity:

- Meditation, silent activity, role play, stories and skits.

Self-Expression (objectives)

- Expression through various self-activities.



Activity:

- Singing, story-telling, show and tell, song with actions.

Creating and Exploration (objectives):

- To enhance music and dance skills.
- To develop singing and voice ability to match with pitch chords and move.

Activity:

- Dance and music activities.

Physical Education



Motor Skills (objectives):

- Demonstrate controlling objects, skills like walk, run, and jump.

Activity:

- Catch fly ball, music and dance movement.
- Catch rolling ball, bending, stretching, twisting, tumbling, pushing, pulling, swinging.

Physical Fitness (objectives):

- To develop good posture while walking, running and standing.
- Demonstrate appropriate forms in selected balancing.

- To improve rhythmic pattern, even and uneven postures.

Activity:

- Coordinating movements like walk, run and skip.
- Aerobic, folk dance and music driven activities.
- Exercise, Climbing, jumping and animal walk.

Cognitive Concept (objectives):

- To identify body parts actions, travel in different directions - forward and backward, sideways and change directions.
- Recognise similarities in body, size and shape.
- Develop the major joints of arms, legs and trunk give a full range of motion.

Activity:

- Static and dynamic tumbling, music movement, dance rhythmic activities.

Personal Social Concept (objectives):

- Follow guidelines and behaviour for the safe use of equipment.
- Identify the purpose of rules and strategy in games.

Activity:

- Outdoor games group partner, personal and social skill activities.


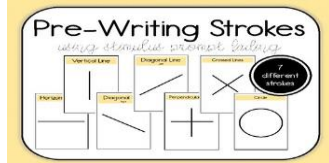

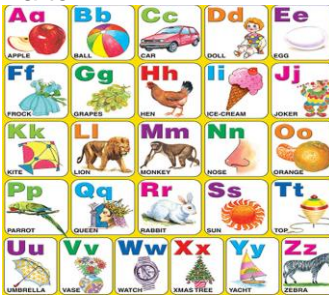





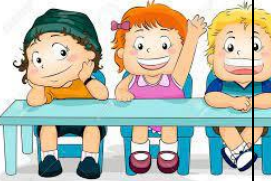

St. RITA HIGH SCHOOL

ANNUAL CURRICULUM 2023-2024

Subject: English

Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April-20	Welcome and greetings 	Encourage good manners	Encourage to respond	Activity : Learn through gestures, stories and rhymes	Able to Greet each other and sing along with teacher.	
June-25	Pre-Writing Skills: Standing, Sleeping, Left and Right curve, Slanting lines, Right hook, Left hook, Circle  Volume -1-C.B.21 to 26	To exercise free hand movement to write lines small letters and capital letters	<ol style="list-style-type: none"> 1. Ability to hold pencil grip 2. Ability to draw, write, copy and colour 	Activity: 1. Tracing-Air, Sand, Floor, Gestures, Learning by doing 2. Demonstration 3. Formation 4. Visualize and practice Resources-Granulated wheat sand, flash cards, crayons, pencil and curriculum book. Volume -1. Activity book 4 to 14	<ol style="list-style-type: none"> 1. Able to write strokes 2. Develop cognitive thinking 3. Develops to see, Write and copy 4. Develop hand-eye coordination Practice Book-4 to 16	Written task (textbook, worksheets) and observation hand on activities. 
July-25 August – 21 September – 25 October - 19	Alphabets: Small letters a to z Capital letters A to Z Aa to Nn  Volume -1-C B 6 to 20, 29	<ol style="list-style-type: none"> 1. Develop an awareness of letters 2. Recognize that letters have specific sounds 3. Learn sequential order of letters 	Learn new words, see pictures related to letter, and identify objects in our surroundings. 	Activity: 1. Tracing-Air, Sand, floor, gestures, learning by doing 2. Visualize and practice 3. Letters chart Activity Book-15 to 29 Practice Book-18 to 26 Resources: Flash cards, pencil, curriculum book, audio and video	<ol style="list-style-type: none"> 1. Recognizes printed letters. 2. Write letters with in line. 3. Identify placement of small letters. 4. Learn to read and write 5. Vocabulary development. 	Written Worksheets, Textbooks, oral test and activities. 


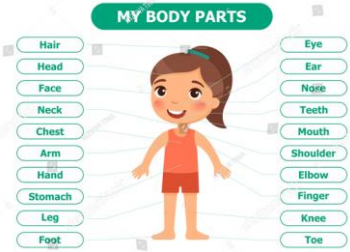



November-25	Aa to Zz letters Oo to Zz	1.Differentiate the formation of small, capital letters Aa to Zz 2. Notices small and capital letters have the same name and sounds.		Showing flashcards to identify the letters.  Volume-2-Activity Book-4 to 22	Children will recognize the letters and pictures Volume-2-Practice Book-6 to 22	 Oral Testing
December—25 January – 22 February - 23	Vowels and Consonants P.No.7, Sight Words  P.No.18, One and Many P.No.19, Phonic Drill a,e,i,o,u P.No.8 to 17 A or An, In/On pair words P.No.20 to 23 My Birthday party P.No.24	1.Develop Language, Creative, Thinking and Social Skills 2.Help students notice and work with the sounds within words	Confidence and involvement in Learning	Activity Use gestures to show and profitable learning experience Resources Flash cards, Curriculum book Volume-3.Activity Book- P.No.4 to 35	1.Learn to frame small words. 2.Learn new vocabulary 3. Children, dramatize to develop language, creative thinking and social skills. 4.Effective Communication 5. Language literacy and grow into active learners Volume-3 P.B. 4 to 35	










































































































































St. RITA HIGH SCHOOL

ANNUAL CURRICULUM 2023-2024

Subject: ENVIRONMENTAL STUDIES

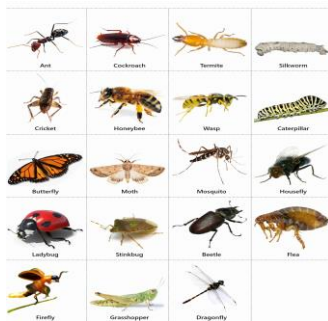
Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20	<p>My Self</p>  <p>Volume-1.C.B. P.No.64</p>	To know about myself	To introduce oneself and interact	<p>Activity</p> <p>Palm print and finger tracing on granulated wheat or flour</p> <p>Volume-1 Activity Book P.No.51</p>	Know to speak about oneself	<p>Oral</p> <p>Talk about myself</p>
June - 25	<p>My Body Parts</p> <p>Parts of the body and five sense organs</p>  <p>Course Book-P.No.65</p>	<p>Identify the uses of body parts</p> <p>To be aware about the five sense organs and their importance.</p>	To recognize and realize how body parts are helpful in our daily routines	<p>Kinesthetic activities</p> <p>Walk, run, hold, sit, taste, smell, listen, touch</p> <p>Video on body parts https://www.youtube.com/watch?v=SUt8q0EKbms</p> <p>Activity book- P.No.52</p>	Learn vocabulary with correct pronunciation	<p>Identify the body parts</p> 
July – 25	<p>My Family</p> <p>Big Family, Small Family and Joint Family</p>  <p>Course Book P.No.66</p>	To identify the members of the family relatives and relationship	To learn about the importance of family members	<p>Enact as members of family</p> <p>Rhyme-Daddy Finger- https://www.youtube.com/watch?v=3xqqj9o7TgA</p> <p>Compostiecurriculum Book, board, flash cards</p> <p>Activity book- P.no.53</p>	<p>Identifies and names the members of the family</p> <p>Develops vocabulary and speak in simple sentences</p>	<p>Identify the types of family members</p> 
August – 21	Fruits and Vegetables	To develop healthy food eating habits	To know how food grains grow	<p>Making sandwich</p> <p>Board, Flash cards and real models</p>	Learn the importance of fruits and vegetables to grow	Ticking, Matching and circling

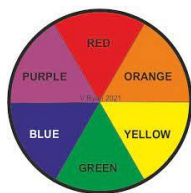
	<p>FRUITS AND VEGETABLES VECTOR EPS 10</p>  <p>Flowers</p> <table border="1" data-bbox="349 381 698 722"> <tr> <td> Rose</td> <td> Lily</td> <td> Lotus</td> <td> Sunflower</td> </tr> <tr> <td> Marygold</td> <td> Hibiscus</td> <td> Tulip</td> <td> Jasmine</td> </tr> <tr> <td> Daisy</td> <td> Lavender</td> <td> Dahlia</td> <td> Bluebell</td> </tr> <tr> <td> Water Lily</td> <td> Orchid</td> <td> Iris</td> <td> Calendula</td> </tr> <tr> <td> Poppy</td> <td> Daffodil</td> <td> Snowdrop</td> <td> Geranium</td> </tr> </table> <p>Course Book P.No.67 to 72</p>	 Rose	 Lily	 Lotus	 Sunflower	 Marygold	 Hibiscus	 Tulip	 Jasmine	 Daisy	 Lavender	 Dahlia	 Bluebell	 Water Lily	 Orchid	 Iris	 Calendula	 Poppy	 Daffodil	 Snowdrop	 Geranium	<p>To know the importance of fruits and vegetables To recognize the importance</p> <p>Identify different types of flowers</p>	<p>To know the importance of food chain from farm to home</p> <p>List the uses of flowers</p>	<p>Composite Curriculum book Activity Book P.no. 54 to 56</p> <p>Draw and colour any two kinds of flowers. Flash cards</p>	<p>Identifies the flowers</p>	<p>Tick the healthy food and cross the unhealthy food</p> 					
 Rose	 Lily	 Lotus	 Sunflower																												
 Marygold	 Hibiscus	 Tulip	 Jasmine																												
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<p>September – 25</p>	<p>Animals Wild, Domestic and pet animals</p> <table border="1" data-bbox="362 868 685 1153"> <tr> <td> Dog</td> <td> Lion</td> <td> Pig</td> <td> Rabbit</td> <td> Turtle</td> </tr> <tr> <td> Fox</td> <td> Horse</td> <td> Cow</td> <td> Deer</td> <td> Snake</td> </tr> <tr> <td> Panda</td> <td> Frog</td> <td> Cat</td> <td> Scorpion</td> <td> Bee</td> </tr> <tr> <td> Sheep</td> <td> Otter</td> <td> Sloth</td> <td> Owl</td> <td> Sparrow</td> </tr> <tr> <td> Ladybug</td> <td> Bat</td> <td> Quail</td> <td> Meerkat</td> <td> Kangaroo</td> </tr> </table> <p>Course Book-P.No.56, 57</p>	 Dog	 Lion	 Pig	 Rabbit	 Turtle	 Fox	 Horse	 Cow	 Deer	 Snake	 Panda	 Frog	 Cat	 Scorpion	 Bee	 Sheep	 Otter	 Sloth	 Owl	 Sparrow	 Ladybug	 Bat	 Quail	 Meerkat	 Kangaroo	<p>To identify the animals which live in forest Recognizes the importance of animals, which helps us. To learn about animals which are kept at home.</p>	<p>To identify and name the animals in our surroundings To know that animals lives in Zoo and Forest</p>	<p>Show and talk about pet animals https://www.youtube.com/watch?v=Yh8Nx7mnaU Volume -2 Activity Book P.No.49,50</p>	<p>Recognize the animals in our surroundings different kinds of forest, pet and Domestic animals</p>	<p>Identify and Name the animals</p>
 Dog	 Lion	 Pig	 Rabbit	 Turtle																											
 Fox	 Horse	 Cow	 Deer	 Snake																											
 Panda	 Frog	 Cat	 Scorpion	 Bee																											
 Sheep	 Otter	 Sloth	 Owl	 Sparrow																											
 Ladybug	 Bat	 Quail	 Meerkat	 Kangaroo																											
<p>October – 19</p>	<p>Birds Flying, Non Flying and Walking Course Book – P.No. 58,59</p>	<p>To identify flying and non flying birds To know about talking, singing and beautiful birds</p>	<p>To differentiate the birds by its size colour and sound</p>	<p>Draw a picture of bird Acvitivity Book P.No. 51,52</p> <p>Sounds like birds, crow, sparrow, peacock</p>	<p>Learn about talking bird parrot Beautiful bird peacock and parrot</p> <p>Beautiful birds peacock and parrots</p>	<p>Tickling, colouring and speaking</p>																									



Insects
Crawling and Flying
Course Book-P.No.60



Colours
Primary colours



Course Book P.No. 61,62

To recognize flying and crawling insects

To identify the insects around us.
To know about crawling and flying insects

Crawl like a caterpillar
Activity book P.No. 53



Singing bird Nightingale



Circle the insect



Colouring picture
Primary colours

Identify and talk about various colours around us

Secondary colours

To identify various colours

To develop visualization skills.
To recognize the colours of various objects in nature

Dress up in primary colours,
Nature walk
Activity book P.No. 54

November – 25

Good Habits

Course Book P.No. 63,64



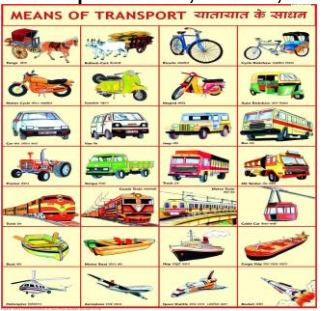







Getting up early
Brushing teeth twice a day.
Washing hands before and after eating

To develop
Greeting Teachers
Listening to your elders
To avoid eating junk food

Washing hands activity
Keeping your classroom neat
Discuss with your friends in class
Activity book P.No. 55, 56

Children can follow up all the good habits

	<p>My School My School – class room, play area, Activity room, library, Assembly hall, washroom</p> <p>Good Manners Good Manners and habits- Please sorry, Thank you, help, Excuse and May I Volume 3 Course Book P.No.54</p>	<p>To get familiarized with school and accessories To create a bond with school and into rest for learning.</p> <p>To use Magical words in daily life scenario To demonstrate examples of good manners and habits</p>	<p>To know the importance of knowledge and school.</p> <p>Respect elders at home and school to develop etiquettes</p>	<p>Composite curriculum book, Board, Flash cards</p>	<p>Able to name school, class and recognize play area</p> <p>Learns to use 5 magical words Develops eye coordination while speaking to others</p>	<p>Talk about the school Count the number of letters in your School Name</p>  <p>What are the 5 magical words?</p> 
<p>December – 25</p>	<p>Transport Transport –Air, water, land</p>  <p>Our Helpers</p>	<p>To identify different modes of transport To learn the importance of means of transport</p> <p>To know the importance of community helpers, their skills and service to society</p>	<p>Identifies small and big vehicles and their wheels. Recognizes that different kinds of vehicles are used for moving from one place to another.</p> <p>Respect Community helpers Learn to help others around us</p>	<p>Counting the number wheels- car, bus, auto--- Composite curriculum, book, board, Flash cards Rhyme-The wheels of bus goes around us. https://www.youtube.com/watch?v=0Qcz8upOVL4</p> <p>Enact role of helpers Enact about etiquettes Composite curriculum, book, board, flash cards</p>	<p>Identifies different types of transport Understands how transport is used in different ways. Identifies several modern forms of transportation.</p> <p>Recognizes the names of various helpers and their services to us.</p>	<p>Matching, colouring, ticking and identifying pictures.</p> <p>Identifying community helpers and their tools.</p> 

<p>People around us-Farmer, Doctor, Plumber, Nurse</p>  <p>Festivals</p>  <p>Course Book P.No.56 to 59</p>	<p>Discuss about important festivals of India</p>	<p>Observe the festivals celebrated at home, school</p>	<p>Activity: Greeting Card Flash cards</p>	<p>Identifies national and religious festivals</p>	<p>Picture talk</p>
<p>January – 22</p> <p>Our National Symbols Course book P.No.60</p>  <p>Festivals Course Book P.No. 61</p>  <p>Food we Eat Course Book P.No. 62,63</p>	<p>To know about our national flag and national symbols To know about different types of festivals Food eating habits To know the importance of fruits and vegetables To know about polite words Sorry, thank you, May I come in, Excuse me</p>	<p>To recognize national symbols Recognize the religious festivals To know how food grains grow To know the importance of food Children follow these polite words</p>	<p>Draw national flower, flag and fruit Showing chart about National symbols</p> <p>Showing chart about different types of festivals</p> <p>Showing chart about different kinds of food</p>	<p>Identify the National symbols</p> <p>Identify the names of festivals</p> <p>Recognize that healthy food helps to grow</p>	<p>Oral test National Symbols with spellings</p> <p>Identify the picture</p> <p>Tick the healthy food and cross the unhealthy food</p>



Good Manners



Course Book P.No. 64

Group discussion

Children will learn good behavior



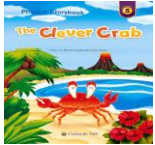

February - 23




St. RITA HIGH SCHOOL

ANNUAL CURRICULUM 2023-2024

Subject: STORY READING

Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20	Arrogant Goats  Two different types of Goat and Birdge Volume 1-T.B.No.36 to 39	Both the goats are arrogant	Children's will learn that they should not be arrogant	Making Goats and bridge using paper craft Volume 1 A.B. P.No.30	Children learn to read story from reader	What is missing form the picture and draw it.
June - 25	Imitating Monkeys  T.B. No. 40 to 43	Imitating Monkeys	Children's come to know that monkeys imitate human beings	Making caps of paper with origami paper by seeing the story Activity Book P.No. 31	Children will learn to be careful with animals	Oral Test
July – 25	Clever Grab  Volume 2 T.B.No.28 to 31	Presence of mind	Learns how to use presence of mind	Making stork with the use of paper craft Activity Book P.No. 23	Learn how to handle the situation	Recitation of story with proper pronunciation, Expression, Intonation and body language
August – 21 September – 25	Monkey and Crocodile  T.B. No. 32 to 35	Acting apt to the situation instead of becoming panic	Learns how to handle a tough situation	Colour the picture of Monkey and crocodile Activity Book P.No. 24	Learns to readh story and targeted vocabulary (Monkey, crocodile, friends, blackberries, brought, bring, hearty, invited, lunch, tree, forgot, jumped)	Oral test and Tick the correct options





<p>October – 19 November – 25</p>	<p>The fox and the grapes  Volume 3 P.No. 30 to 33</p>			<p>Learning and coloring the picture of fox and grapes Resources: Video and flash cards Activity Book P.No. 22</p>	<p>Learn to read story Learns vocabulary (Branches, grapes, wanted, hanging, tree, mouth, jumped, tried, failed, goind)</p>	<p>Oral Assessment and Tick the correct option</p>
<p>December – 25 January – 22</p>	<p>Blue Jackal  Volume 3 P.No. 34 to 37</p>	<p>To learn and know about forest (wild) animals</p>	<p>To be compassionate about forest animals</p>	<p>Colour the picture of given forest (wild) animals  Resources: Video and Flash cards Activity Book P.No. 23</p>	<p>Learns to read and tell story. Learns targeted vocabulary (Jackal, Fell, blue, paint, body, animals scared, king, forest, singing, lion, Tiger)</p>	<p>To concept the sequence of the story and tick the correct option.</p>
<p>February - 23</p>						





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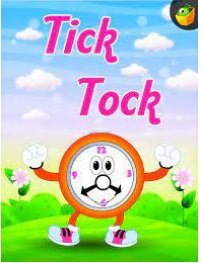


ANNUAL CURRICULUM 2023-2024


Subject: ENGLISH RHYMES

Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20	Thank you God Volume 1 C.B. P.No. 30	Learn vocabulary: God, World, Sweet, Food, Eat, Birds, Sing		Ask children to tell about their favourite food and birds	<ol style="list-style-type: none"> 1. Learned new words understands how words are formed 2. Boots children language Communication 3. Improves memory and concentration 4. Children will express their thought after reading rhyme 	Oral Recitation of rhyme with proper pronunciation, expression, intonation and body language
June - 25	I am special  Course Book P.No. 31	Learn vocabulary understands the specialty of themselves	Children will learn to express themselves to others	Children will tell about their special qualities		
July – 25	Bits of Paper  Course Book P.No. 32	Learn Vocabulary Paper, Lying, untidy, Pick, Floor	To make children how to maintain cleanliness around our surroundings	Ask the children to pick the papers on the floors and make them to clean their surroundings.		
	Jack and Jill  Course Book P.No. 33	Learn Vocabulary hill, water, down, up, broke, crown, fell	Assume if a child fall down and try to notice the reaction of other children			
August – 21	Jingle bells 	Learn Vocabulary: Riding, Sleigh, Bells, Santa Claus	Make students in two different forms and make them to sing with chorus	Resources: Audio & Video		

	<p>Course Book P.No. 34 Hickory Dickory Dock</p> 	<p>Learn Vocabulary: Mouse, Up, Clock, Struck, Down, Ran, Hickory, Dickory, Duck</p>		<p>Make clock of paper plate Video</p>		
September – 25	<p>Mummy and Daddy I love you Volume 2 Course Book P.No. 22</p>  <p>Diwali Course Book P.No. 23</p>	<p>Mummy, Daddy, Come, Call, Give, When</p> <p>Learn Vocabulary: Diwali, Happiness, Arrives, Dias Lighted, Rangoli, Patterns, House</p>	<p>Ask children to tell about their favourite moment with parents</p> <p>Children's will discuss about festival with us.</p>	<p>Stick the picture of your parents</p> <p>Making Diyas with dough</p>		
October – 19	<p>One Little flower Course Book P.No. 24</p>  <p>Ten Fluffy Chickens Course Book P.No. 25</p> 	<p>Learn vocabulary: Little, Flower, bee, blue, Bird, Brown, Bear, smiling, me</p> <p>Fie, fluffy, eggs, sitting Makes, mother, cackle, yellow</p>	<p>Children will learn the life cycle of flower and birds around the trees</p> <p>Children will narrate a story in their own words</p>	<p>Making birds and flowers with origami paper</p> <p>Making paper craft chick and hen by using yellow colour sheets</p>		
November – 25	<p>Incy Wincy Spider Course Book P.No.26</p>	<p>Rhyming words about spider</p>	<p>Enjoy the poem</p>	<p>Toys, spider insect and many other insects</p> <p>Will play with toy insects</p>		

	 <p>Incy Wincy Spider London Bridge Course Book P.No. 27</p>	<p>Children will learn about bridges and rivers</p>	<p>Will learn about cautions of crossing bridge</p>	<p>Will sing the rhyme loudly Draw a bridge and colour</p>		
<p>December – 25</p>	<p>Tick Tock  Volume 3 Course Book P.No. 25</p> <p>One two Buckle my shoe Course Book P.No. 26 </p>	<p>Learn Vocabulary: clock, work, play, time, day</p> <p>Learn vocabulary: shoe, buckle, knock, at, door, sticks, pick, straight, fan</p>	<p>Children will learn about the clock</p> <p>From this rhyme children will learn 1 to 10 numbers showing their fingers</p>	<p>Use a paper plate and make a clock</p> <p>Use Flashcards of 1 to 10 numbers</p>		
<p>January – 22</p>	<p>Hot Cross Buns Course Book P.no. 27 </p>	<p>Learn Vocabulary: Hot, buns, Penny, them, your</p> <p>Learn Vocabulary: am, Pot, stout, handle, boiling, over, out</p>	<p>Children will learn about need money to buy things.</p> <p>Recite the poem</p>	<p>Showing coins and bun</p> <p>Test book and using toys</p>		

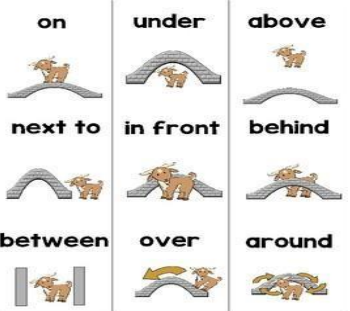


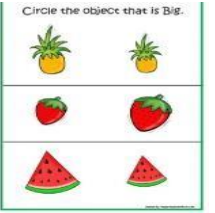
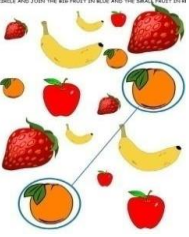


	<p>I am a Little Tea pot Course Book P.No. 28</p>  <p>My Little Motor Course Book P.No. 29</p>	<p>Learn Vocabulary : My, Little, near, far, handle, cloud</p>	<p>Playing with toys, enjoy the poem</p>			
<p>February - 23</p>						





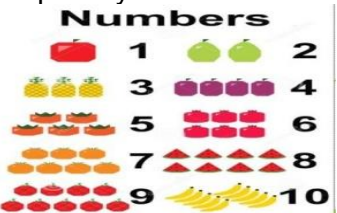
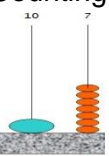

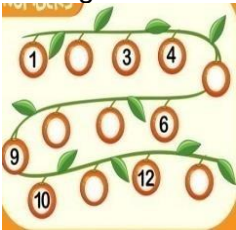
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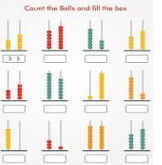




















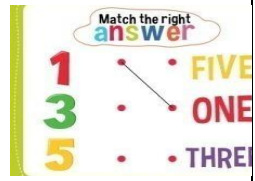











ANNUAL CURRICULUM 2023-2024

Subject: MATHEMATICS

Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20 June - 25	<p>Pre-Math concepts, Comparison</p> <p>*Sorting objects- Same/Different-Size, Shape, Colour.</p> <p>*Size Big/Small Tall/Short Long/Short</p> <p>*Weight Heavy/Light</p> <p>*Quantity Few/More Full/Empty One/Many</p> <p>*Positions In/Out Above/Below Beside/Next Top/Middle/Bottom Front/Back /Side Up/Down Directions Straight/ZigZag Right/Left</p>	<p>*To build visualization and logical thinking skills.</p> <p>*To categorize the objects based on size, shape and colour.</p>	<p>*To differentiate and sort the objects based on size, shape and colour.</p> <p>*To identify and compare size, weight, quantity and positions of objects in our daily life.</p> 	<p>Sorting objects based on Size, Shape and Colour.</p>  <p>Comparing objects based on size</p> <p>Comparing positions</p> <p>TextBook, Audio</p>  <p>visuals and models. Rhyme-Rolly Polly ..up.</p> <p>**Video on comparison- Big/Small, Same/Different</p> <p>https://youtu.be/-6QBmTrJISQ</p>	<p>*Differentiates and identifies size, shape, colour, weight, quantity and position of various objects.</p> <p>*Develops visualization and logical thinking skills.</p>	<p>Oral and Written</p> <p>Compare the pictures by- Circling, Ticking, Matching and Colouring.</p> <p>Circle the big object</p>  
July - 25	<p>Shapes Circle Square Triangle Oval Rectangle Semi-circle Diamond</p>	<p>**To identify the shapes around us.</p> <p>**To learn the sides, corners and structure of shapes.</p>	<p>**To recognize and create patterns.</p> <p>**To list the sides and corners</p>	<p>Matching shapes with objects</p>  	<p>**Identifies the shapes of the objects in our daily life</p> <p>*Recognizes and creates patterns</p>	<p>Oral</p> <p>Name the shapes</p>

	<p>Zero concept Digit '0' Volume 1 Course Book P.No. 59</p>	<p>**To associates the number ZERO with empty.</p>	<p>**To estimate the value by comparing the objects.</p>	<p>Compare the basket which is empty</p>  <p>** Text Book, Audio visuals and models.</p> <p>Rhyme-where is circle...where is triangle Video clipping-shapes song https://www.youtube.com/watch?v=VdzzE20zQC8</p>	<p>*Associates zero means nothing and empty.</p>	 <p>Written</p>  <p>Tick the Triangles Colouring</p> 
<p>August – 21 September – 25 October – 19 November – 25 December - 25</p>	<p>Numbers 1 to 100 **Counting Numbers</p> <p>**Before, After and Between numbers Numbers Names 11 to 20</p> <p>**Number quantity Volume – 2 P.No. 41 to 47</p> <p>**Ones and Tens Volume 3 Course Book P.No. 39 to 52</p>	<p>**To associate the number to its quantity.</p> <p>**To count the objects in number sequence.</p> <p>** To apply '0 to 9' number case to write the numbers.</p> <p>**To estimate the position of a number on the number line.</p> <p>**To differentiate and estimate ones and tens</p>	<p>**To count the objects, body parts and identify the numbers around us.</p> <p>**To use fingers and toes for counting.</p>	<p>Matching the number to its quantity</p>  <p>Counting ones and Tens</p>  <p>**Text Book, Audio visuals and models.</p> <p>Rhymes *Two little dicky birds *The ants go marching I by</p>	<p>*Represents number and its quantity</p> <p>*Applies 0 to 9 number case and writes the numbers in sequence.</p> <p>*Applies number line and identifies before, after and between numbers</p> <p>*Evaluates the number by counting O-Ones and T-Tens.</p>	<p>Oral Counting Number s</p>  <p>Written Write the missing number</p> 







		<p>O means ones T means tens.</p> 		<p>1...hurrah *Five little ducks *Five little speckled frogs *1 little 2 little 3 little fingers *1,2,3,4,5 once I caught a fish alive</p> <p>Video clipping https://www.youtube.com/watch?v=gllqG3s6XN4</p>		<p>Circle the correct number</p>  <p>Count Ones and Tens</p> 									
<p>January - 22</p>	<p>Number words one to ten</p>	<p>*To connect letters to number names *To write Numbers in words.</p>	<p>*To identify number and its number name.</p> 	<p>Match number to its number name</p> <table border="1" data-bbox="1559 755 1881 1136"> <tr> <td>1 one </td> <td>2 two </td> <td>3 three </td> </tr> <tr> <td>4 four </td> <td>5 five </td> <td>6 six </td> </tr> <tr> <td>7 seven </td> <td>8 eight </td> <td>9 nine </td> </tr> </table> <p>Video clipping-Number words https://www.youtube.com/watch?v=WC_SBmoXrUw</p>	1 one 	2 two 	3 three 	4 four 	5 five 	6 six 	7 seven 	8 eight 	9 nine 	<p>*Relates letters and recognizes numbers in words. *writes numbers in words.</p>	<p>Oral Read the number name</p>  <p>Written Matching number to its number name</p> 
1 one 	2 two 	3 three 													
4 four 	5 five 	6 six 													
7 seven 	8 eight 	9 nine 													
<p>February - 23</p>	<p>REVISION</p> 														





St. RITA HIGH SCHOOL

ANNUAL CURRICULUM 2023-2024

Subject: HINDI

Class: PP1

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20						
June - 25	Swar- a, aa, i, ee	<p>1) Recognize that each letter has specific sound.</p> <p>2) Formation of the letters. https://www.youtube.com/watch?v=2pqDCReeZ2s</p> <p>3) Sequential order of letters.</p> <p>4) Vocabulary</p> <p>5) Identification of pictures related to letters</p>	<p>1) Attempts to read the letters and relate with objects.</p>	<p>1) Letter chant, Identification of letters- Flash cards.</p> <p>2) Formation of letters using</p>  <p>3) Audio and video. https://www.youtube.com/watch?v=TM83zp1AkUM</p> <p>3) Live models.</p>	<p>1) Identifies letters and its sounds.</p> <p>2) Learns Formation of the letters.</p> <p>3) Prints the letters in sequential order.</p> <p>4) Relates letter with picture.</p>	<p>Identification and Written activity.</p> 
July – 25	Swar- u, oo, ri, e					
August – 21	Swar- ai, o, ao, an, aha 					
September - 25	Swar – a to aha Vyanjan – ka to gnya 					
October – 19	Vyanjan- cha tonya 					
November – 25	Vyanjan- ta tona 	<p>1) Recognize that each letter has specific sound. https://www.youtube.com/watch?v=2pqDCReeZ2s</p>	<p>1) Recognize the letter</p> <p>2) Able to memorize</p> <p>3) Say the sound and name of the letter.</p> <p>4)</p>	<p>1) Letter chant, Identification of letters- Flash cards.</p> <p>2) Formation of letters using dough.</p>	<p>1) Recognition of letter.</p> <p>2) Differentiation of vowels and consonants.</p>	<p>Oral activities.</p>


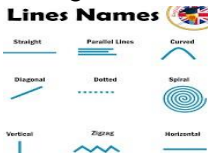
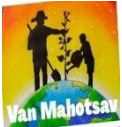



December – 25	<p>Vyanjan- tha to na</p> 	<p>om/watch?v=5w_iQbHq_P8</p> <p>2) Sequential order of letters. 3) Vocabulary 4) Identification of pictures related to letters. 5) Differentiate the Swar and Vynjan (vowels & consonants)</p>		<p>3) Audio and video. https://www.youtube.com/watch?v=h4hJyaMhjdq</p> <p>4) Live models.</p>	<p>3) Sound and name of the letter. 4) Sequential order. 5) Letter with the picture.</p>	
January - 22	<p>Vyanjan- pa to ma</p> 					
February - 23	<p>Vyanjan- ya to Gya</p> 					





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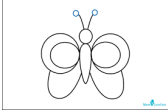
ANNUAL CURRICULUM 2023-2024

Subject: ART & CRAFT

Class: PP1 & PP2

Month & Working Days	Theme and Sub theme	Learning objectives	Activities and Resources	Learning Outcomes	Assessment
April – 20					
June - 25	<p>1) Scribbling</p> 	<p>Concept based learning: 1) To explore the element of line by comparing one's scribble through repetitive motion.</p> <p>Application based learning: 1) Scribbling supports muscle and hand-eye coordination, as well as emotional release to create an artwork.</p>	<p>Activity: 1) Scribble art</p> <p>Resources: Crayonbox, paper.</p>	<p>1) Develops pre-writing skills. 2) Helps to build eye hand coordination needed for later writing skills. 3) Develop fine motor skills needed for writing, drawing and other related skills.</p>	Drawing book (Neatness, creativity, using colours in thoughtful way)
July – 25	<p>1) Drawing lines</p>  <p>2) Art Wave Book P.No. 1, 2</p> <p>3) Vanmahotsav</p> 	<p>Concept based learning: 1) Improve drawing skills and draw pattern. 2) Learn importance of trees.</p> <p>Application based learning: 1) Learn different directions and shapes. Learn to form a variety of pattern.</p>	<p>Activity: 1) Joining dots and drawing lines. 2) Plant a seed/plant.</p> <p>Resources: Pencil, eraser and sharpener.</p> <p>Soil, seeds, water</p>	<p>1) Learns to draw and create new pattern. 2) Knows the importance of trees.</p>	
August – 21	<p>1) Free hand drawing</p>  <p>2) Drawing book pg no.3,4</p> <p>3) Raksha bandhan (Rakhi making)</p>  <p>4) Independence day.</p> 	<p>Concept based learning: 1) Improve drawing and colouring skills and eye hand coordination. 2) Promotes individual expression and Creativity. 3) Draw or use colour papers to make flag.</p> <p>Application based learning: 1) Produce creative work. Learn three colours.</p>	<p>Activity: Demonstrate different movements by paying attention.</p> <p>Resources: Pencil, eraser and sharpener.</p> <p>Rakhi making using paper.</p>	<p>1) Develops fine motor skills, to draw match stick pictures. 2) Describes Indian national flag.</p>	

September - 25	<p>1) Thumb print</p>  <p>2) Art Wave Book Pg.No.5,6,7,8 3) Smiley Sun (Paper craft)</p> 	<p>Concept based learning: 1) Use thumb for printing. 2) Know the importance of food.</p> <p>Application based learning: 1) Produce creative work.</p>	<p>Activity: 1) Sandwich making.</p> <p>Resources: Paint and water.</p>	<p>1) Develops hand and eye coordination, Fine motor skills. 2) Enhances thinking skills.</p>	
October – 19	<p>1) Finger Print/Hand print P.No.32</p>  <p>2) Art Wave Book 9, 10, 11</p>	<p>Concept based learning: 1) Use hand for printing and produce creative pictures.</p> <p>Application based learning: 1) Produce creative work.</p>	<p>Activity: Hand print</p> <p>Resources: Paint and water.</p>	<p>Develops hand/eye coordination, Fine motor skills.</p>	
November – 25	<p>1) Vegetable print P.No. 25</p> 	<p>Concept based learning: 1) Create prints using vegetables. 2) Enhances decision making skills. 3) Produce creative work.</p> <p>Application based learning: 1) Produce creative work.</p>	<p>Activity: Vegetable print</p> <p>Resources: Vegetables-lady's finger, potato, water paints.</p>	<p>Promotes individual Creativity.</p>	








<p>December – 25</p>	<p>1) Paper craft 2) Art Wave Book 12 to 15 3) Christmas day P.No. 24 Greeting Card</p> 	<p>Concept based learning: 1) Learn paper work. 2) Enhances decision making skills.</p> <p>Application based learning: 1) Produce creative work.</p>	<p>Activity: Paper craft</p> <p>Resources: Papers. Colour papers, scissors, glue, cotton.</p>	<p>1) Improves thinking skills and create newthings 2) Promotes innovation</p>	
<p>January - 25</p>	<p>1) Tear and paste P.No. 26</p>  <p>2) Art Wave Book 16 to 21 3) Makar Sankranti (kite)</p>	<p>Concept based learning: 1) Develop thinking skills and organizing skills</p> <p>Application based learning: Produce creative work.</p>	<p>Activity Draw a mango picture and tear andpaste using yellow colour paper. Resources: Newspapers orcolour papers, fevicol. Newspaper, broomsticks, glue,scissors.</p>	<p>1) Develops eye and hand coordination. 2) Promotes individual expression and Creativity</p>	
<p>February - 23</p>					






St. RITA HIGH SCHOOL





ANNUAL CURRICULUM 2023-2024

Subject: PHYSICAL EDUCATION

Class: PP1& PP2

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20	Physical Exercise					
June - 25	<ul style="list-style-type: none"> Warmups with super six exercises. Aerobics (Hand, leg, hip, neck, shoulder) Loco motor skills- Walk, run, hop, gallop 	<p>To know importance of the fitness</p> 	<ul style="list-style-type: none"> Enjoy playing all the time Discover beats and rhythm along with body movements. 	<ul style="list-style-type: none"> Identifies oneself to keep fit. Learns controlling the body movement 	<p>Action song for kids https://www.youtube.com/watch?v=dUXk8Nc5qQ8 Loco motor https://www.youtube.com/watch?v=aFZ9VtP1ROs</p>	<p>Practice running for 2 min. from one corner to another corner of room and touch</p> 
July – 25	<ul style="list-style-type: none"> Loco motor skills-skip, jump, leap, slide Aerobics 	<p>Develop complete body movement</p>	<ul style="list-style-type: none"> To improve body flexibility. Learn music with beat 	<ul style="list-style-type: none"> Learns Vocabulary Grows Confident in developing gross motor skills 	<p>Loco motor https://www.youtube.com/watch?v=V1wYD7IE5Ao Aerobics https://youtu.be/ymigWt5TOV8</p>	<p>Practice Jumping activity every day for 2 mins</p> 
August – 21	<ul style="list-style-type: none"> Non-loco motor skills- Swaying, stretching, Turning, twisting, bending, balancing 	<p>Learn to focus on body balance and healthy diet. Learn about body balance, Balance diet for healthy body</p> 	<p>Improvement of body flexibility and strength Learn vocabulary related to the activities</p>	<ul style="list-style-type: none"> Develops body flexibility by practicing non loco motor skills Learns Vocabulary Moves body easily. Gathers more strength energy physically and mentally. 	<p>Non loco with music https://www.youtube.com/watch?v=z3_kLbFXHKI</p> 	<p>Practice leg stretching activity.</p>

September – 25	<ul style="list-style-type: none"> • Repetition-Loco and Non-loco motor skills • Aerobics-shoulder, hips move, wind mill, spot jog, sit ups, squats 	<ul style="list-style-type: none"> • Increase gross motor skills • Improve flexibility 	<ul style="list-style-type: none"> • Improvement of body flexibility and strength • Boosts energy 	<ul style="list-style-type: none"> • Increase confidence • Get more fun with daily dance and exercise • Demonstrate to lead a healthy life 	Head shoulder rhyme https://www.youtube.com/watch?v=h4eueDYPTIq	Practice Loco and Non-Loco Motor skill at home
October – 19	<ul style="list-style-type: none"> • Dance and rhythm with ball- Throwing, catching, passing, bouncing 	<ul style="list-style-type: none"> • Learn Rhythm and grip on hand and foot. 	Learn to do flexible body movements. 	<ul style="list-style-type: none"> • Improves strength in body movements • Learns vocabulary 	Throwing the ball with rhythm https://www.youtube.com/watch?v=WkhJy6eJCJQ	Practice dribbling the ball
November – 25	<ul style="list-style-type: none"> • Warmups and Directions (In, out, forward, backward, sideward, around, over, under, through) • Aerobics • Body balancing (Introduction) 	<ul style="list-style-type: none"> • Develop awareness of directs. • Improve listening skills 	Learn to look into directions. 	Displays confidence about the directions. Learns vocabulary 	Direction song https://www.youtube.com/watch?v=Jrlsrr2SSDw Aerobics https://www.youtube.com/watch?v=FP0wgVhUC9w	Draw a big circle and come in and go out for 10 times 
December – 25	<ul style="list-style-type: none"> • Body balancing-Static and Dynamic • Aerobics-shoulder, hips move, wind mill, spot jog, sit-ups, squats 	<ul style="list-style-type: none"> • To Develop core value and discipline about physical activities. • Importance of body balance. 	<ul style="list-style-type: none"> • Difference between Static balance and Dynamic balance • Flexible body and enthusiastic mind. • Improve listening skills 	<ul style="list-style-type: none"> • Distinguishes both type of balance in daily life. • Learns Vocabulary 	Move with me https://www.youtube.com/watch?v=JoF_d5sgGgc 	Round and round and stop game.





<p>January – 22</p>	<ul style="list-style-type: none"> • Path ways-Horizontal, Vertical, Diagonal, Circular, Zigzag • Aerobics-shoulder, hips move, wind mill, spot jog, sit-ups, squats 	<p>Identify different kind of path.</p>	<p>Practice pathways</p> 	<ul style="list-style-type: none"> • Learns vocabulary • Co-ordinations • Develops visualisation skills and gross motor skills 	<p>https://www.youtube.com/watch?v=qUbtJMtvOMo</p> 	<p>Draw a zigzag line on the floor with chalk and walk on that without falling down.</p>
<p>February - 23</p>	<ul style="list-style-type: none"> • Path ways- Rolling a ball, kicking a ball, slide of foot, kicking a rolled ball, Jumping and landing • Aerobics with hula hoops 	<ul style="list-style-type: none"> • Learn to kick, roll, slide the ball. • Learn jumping and landing correct process. • Safety rules during play time. 	<ul style="list-style-type: none"> • Enhance gross motor skills and muscle strength. • Develop child's concentration and finger grip. 	<ul style="list-style-type: none"> • Develops cognitive skills • Learns vocabulary • Accomplishes gross motor skills. 	<p>Ball song</p> <p>https://www.youtube.com/watch?v=gCULPwCLQuM</p> 	<p>Kick a ball side by side for 2 mins in a straight line.</p> 





St. RITA HIGH SCHOOL

ANNUAL CURRICULUM 2023-2024

Subject: HANDS ON ACTIVITY

Class: PP1& PP2

Month & Working Days	Theme and Sub theme	Learning objectives		Activities and Resources	Learning Outcomes	Assessment
		Concept based learning	Application based learning			
April – 20						
June - 25	Pounding 	<ul style="list-style-type: none"> Develop hand eye coordination Improve concentration Develop finger movements Develop hand muscles. 	•	https://www.youtube.com/watch?v=rWT7xmLhls Material- Roasted Lentil, Pounding stone, bowl, cloth	Develops holding grip.	Practice the activities regularly
July – 25	Squeezing 		Demonstrates the activity to mop/clean up the area.	Squeezing- 1 big lemon, knife to cut lemon, bowl, cloth, water	Develops hand muscles for grasping actions and finger movement.	
August – 21	Sorting 		Finds good grip in using tongs.	Material-Two containers, tong, lemons, small onions.	Demonstrates hand eye coordination	
September – 25	Pouring 		Relates to filling drinking water glasses	Material Pouring-1/2 bottle of water, transparent glass.	Builds concentration	
October – 19	Scooping and transferring		Helps with house hold chores [sweeping, moping, etc].	https://www.youtube.com/watch?v=9KdqWDDMCpC	Improves pencil grasp and control on writing instrument/pencil.	

					
November – 25	<p>Play dough</p> 	Rolls roti's with assistance.	Material- Wheat, bowl, water, shape cutter, rolling pin.	Develops whole hand muscles for grasping actions and finger movements	
December – 25	Peg play	Holds objects with proper grip.		Improves drawing detailed and complex shapes or pictures.	
January – 22	<p>Shoe lace</p> 	Demonstrates independent work habits.	Material- shoe, lace	<p>Develops:-</p> <ol style="list-style-type: none"> 1. Pincer grip..... Using the thumb, index and middle finger to co-ordinate and move objects (also known as tripod grip used when holding a pencil) 2. Pincher grip..... Using the thumb and index finger together 	
February - 23	<p>Grating</p> 	Enjoys grating and improves strong muscle strength.	https://www.youtube.com/watch?v=CXJIIDcH_f4 Material- Carrot, Grater, Bowl	Develops fine motor skills	